

# Download Basic Life Support Manual 2015

The Basic Life Support for Healthcare Providers Handbook is part of the American Red Cross Basic Life Support for Healthcare Providers program. Cardiac life support is a relatively young field of medical expertise with cardiopulmonary resuscitation (CPR) as we know it only being described in 1960. 1 As new evidence on best practice in resuscitation medicine comes to light, the recommendations for resuscitation and life support evolve and change. 2. Summary of changes in advanced life support since 2010 Guidelines. The 2015 Advanced life support (ALS) guidelines have a change in emphasis aimed at improved care and implementation of these guidelines in order to improve patient outcomes. 3 The key changes since 2010 are: Basic Life Support, or BLS, generally refers to the type of care that first-responders, healthcare providers and public safety professionals provide to anyone who is experiencing cardiac arrest, respiratory distress or an obstructed airway.