

# Download Childhood Obesity In America Biography Of An Epidemic

Childhood obesity is a condition where excess body fat negatively affects a child's health or well-being. As methods to determine body fat directly are difficult, the diagnosis of obesity is often based on BMI. Obesity increases the risk of many physical and mental conditions. These comorbidities are most commonly shown in metabolic syndrome, a combination of medical disorders which includes: diabetes mellitus type 2, high blood pressure, high blood cholesterol, and high triglyceride levels. Michelle Obama is the wife of U.S. President Barack Obama and the first African-American First Lady. This biography of Michelle Obama provides detailed information about her childhood, life, achievements, works & timeline<sup>5</sup>. Promoted physical activity: The other major contributor to childhood obesity is lack of physical activity. And just like diet, kids' surroundings dictate how much they move.